

# SPRING 2019 FINALS WEEK GROUP FITNESS SCHEDULE

WED 5/15	THUR 5/16	FRI 5/17	SAT 5/18	SUN 5/19	MON 5/20
<b>EPPLEY RECREATION CENTER FITNESS STUDIO #0105</b>					
<p><b>7:15–8:20 AM</b> <b>BODYPUMP™</b> <i>Morgan T</i></p> <p><b>NOON–1:05 PM</b> <b>BODYPUMP™</b> <i>Tami L</i></p> <p><b>4:30–5:15 PM</b> <b>HIIT</b> <i>Maille O</i></p> <p><b>5:25–5:55 PM</b> <b>CX WORX™</b> <i>Jessica P</i></p> <p><b>6:05–7 PM</b> <b>ZUMBA®</b> <i>Jessica P/Ryan J</i></p> <p><b>7:10–8:15 PM</b> <b>BODYPUMP™</b> <i>Rebekah E</i></p> <p><b>8:25–9:20 PM</b> <b>BARRE</b> <i>Maggie F</i></p> <p><b>9:30–10:25 PM</b> <b>DANCEFIT</b> <i>Amory T</i></p>	<p><b>6:30–7:25 AM</b> <b>BARRE</b> <i>Jenna T</i></p> <p><b>NOON–1 PM</b> <b>BODYCOMBAT™</b> <i>Kal L</i></p> <p><b>4:30–5 PM</b> <b>CX WORX™</b> <i>Jessica P</i></p> <p><b>5:10–6:05 PM</b> <b>BARRE</b> <i>Jessica P</i></p> <p><b>6:15–7 PM</b> <b>HIIT</b> <i>Maille O</i></p> <p><b>7:10–8:10 PM</b> <b>BODYCOMBAT™</b> <i>Lindsey R</i></p> <p><b>8:20–9:15 PM</b> <b>DANCEFIT</b> <i>Tatiana T</i></p>	<p><b>7:15–8:20 AM</b> <b>BODYPUMP™</b> <i>Sarah G</i></p> <p><b>NOON–1:05 PM</b> <b>BODYPUMP™</b> <i>Tami L</i></p> <p><b>3:25–4:20 PM</b> <b>BARRE</b> <i>Sam P</i></p> <p><b>4:30–5:15 PM</b> <b>HIIT</b> <i>Maille O</i></p> <p><b>5:25–6:25 PM</b> <b>BODYCOMBAT™</b> <i>Sammy B/Jessica P</i></p>	<p><b>NO CLASSES</b></p>	<p><b>6–6:55 PM</b> <b>DANCEFIT</b> <i>Tatiana T</i></p> <p><b>7:05–8 PM</b> <b>BARRE</b> <i>Natalie W</i></p> <p><b>8:10–9:15 PM</b> <b>BODYPUMP™</b> <i>Paulina B</i></p>	<p><b>7:15–8:20 AM</b> <b>BODYPUMP™</b> <i>Sarah G</i></p> <p><b>NOON–1:05 PM</b> <b>BODYPUMP™</b> <i>Tami L</i></p>
<b>EPPLEY RECREATION CENTER NATATORIUM STUDIO #B0158</b>					
<p><b>7:15–8:10 AM</b> <b>YOGA ADVANCED</b> <i>Liya Z</i></p> <p><b>5:30–6:25 PM</b> <b>YOGA RESTORE &amp; MEDITATE</b> <i>Maddie P</i></p> <p><b>8–8:55 PM</b> <b>YOGA STRENGTH</b> <i>Anna B</i></p>	<p><b>7:15–8:10 AM</b> <b>YOGA BEGINNER</b> <i>Bess B</i></p>	<p><b>NO CLASSES</b></p>	<p><b>NO CLASSES</b></p>	<p><b>NO CLASSES</b></p>	<p><b>7:15–8:10 AM</b> <b>YOGA STRENGTH</b> <i>Bess B</i></p>
<b>RECWELL CYCLING STUDIO AT REGENTS #0504C</b>					
<p><b>7:15–8 AM</b> <b>CYCLE 45</b> <i>Nick K</i></p> <p><b>5:35–6:20 PM</b> <b>CYCLE 45 &amp; CORE</b> <i>Chase L</i></p> <p><b>7–7:45 PM</b> <b>CYCLE 45</b> <i>Nicole K</i></p>	<p><b>7:15–8 AM</b> <b>CYCLE 45</b> <i>Ciarra J</i></p> <p><b>5:15–6 PM</b> <b>CYCLE 45</b> <i>Kaitlyn M</i></p> <p><b>6:30–7:25 PM</b> <b>CYCLE 55</b> <i>Caitlyn F</i></p>	<p><b>3:15–4 PM</b> <b>CYCLE 45 &amp; YOGA STRENGTH</b> <i>Ryan J</i></p>	<p><b>10–10:55 AM</b> <b>CYCLE 55: SWEAT THE STRESS AWAY</b> <i>Ciarra J</i></p>	<p><b>11–11:55 AM</b> <b>CYCLE 55</b> <i>Nick K</i></p> <p><b>5:15–6 PM</b> <b>CYCLE 45</b> <i>Caitlyn F</i></p>	<p><b>7:15–8 AM</b> <b>CYCLE 45</b> <i>Nicole K</i></p>
<b>RECWELL MULTIPURPOSE STUDIO AT REGENTS #0504E</b>					
<p><b>NOON–12:55 PM</b> <b>YOGA RESTORE &amp; MEDITATE</b> <i>Katherine L</i></p> <p><b>4:05–5 PM</b> <b>YOGA BEGINNER</b> <i>Geneva J</i></p> <p><b>5:10–6:15 PM</b> <b>BODYPUMP™</b> <i>Louie G</i></p> <p><b>6:25–6:55 PM</b> <b>CX WORX™</b> <i>Ashley R</i></p> <p><b>7–8 PM</b> <b>BODYCOMBAT™</b> <i>Asia W/Louie G</i></p>	<p><b>7:15–8:20 AM</b> <b>BODYPUMP™</b> <i>Jacklyn G</i></p> <p><b>NOON–12:55 PM</b> <b>YOGA BEGINNER</b> <i>Lynn M</i></p> <p><b>4:05–5 PM</b> <b>YOGA RESTORE &amp; MEDITATE</b> <i>Rory S</i></p> <p><b>5:05–6:05 PM</b> <b>BODYCOMBAT™</b> <i>Louie G</i></p> <p><b>6:15–7:20 PM</b> <b>BODYPUMP™</b> <i>Izzy M</i></p> <p><b>7:30–8:25 PM</b> <b>ZUMBA®</b> <i>Izzy M</i></p>	<p><b>NOON–12:55 PM</b> <b>YOGA RESTORE &amp; MEDITATE</b> <i>Grace T</i></p> <p><b>4:05–5 PM</b> <b>YOGA STRENGTH</b> <i>Rory S</i></p> <p><b>5:10–6:15 PM</b> <b>BODYPUMP™</b> <i>Louie G</i></p>	<p><b>10–11:05 AM</b> <b>BODYPUMP™</b> <i>Morgan T</i></p> <p><b>11:15 AM–12:15 PM</b> <b>BODYCOMBAT™</b> <i>Jessica P</i></p> <p><b>12:25–1:15 PM</b> <b>YOGA RESTORE &amp; MEDITATE</b> <i>Geneva J</i></p>	<p><b>5:10–6:15 PM</b> <b>BODYPUMP™</b> <i>Louie G</i></p> <p><b>8–8:55 PM</b> <b>YOGA RESTORE &amp; MEDITATE</b> <i>Katherine L</i></p>	<p><b>7:15–8:15 AM</b> <b>BODYCOMBAT™</b> <i>Kal L</i></p>
<b>RITCHIE COLISEUM MULTIPURPOSE ROOM #0114</b>					
<p><b>8–8:55 AM</b> <b>YOGA BEGINNER</b> <i>Maggie Y</i></p> <p><b>4:15–5:20 PM</b> <b>BODYPUMP™</b> <i>Sarah G</i></p> <p><b>5:30–6:25 PM</b> <b>BARRE</b> <i>Sam P</i></p> <p><b>6:35–7:30 PM</b> <b>YOGA ADVANCED</b> <i>Sam H</i></p>	<p><b>5:05–6:10 PM</b> <b>BODYPUMP™</b> <i>Morgan T</i></p> <p><b>6:20–7:15 PM</b> <b>YOGA STRENGTH</b> <i>Quinn A</i></p> <p><b>7:25–8:20 PM</b> <b>BARRE</b> <i>Marie O</i></p> <p><b>8:30–9:25 PM</b> <b>YOGA BEGINNER</b> <i>Sam H</i></p>	<p><b>5:30–6:25 PM</b> <b>YOGA STRENGTH</b> <i>Bess B</i></p>	<p><b>11–11:55 AM</b> <b>YOGA BEGINNER</b> <i>Grace T</i></p> <p><b>NOON–12:55 PM</b> <b>BARRE</b> <i>Ryan J</i></p>	<p><b>11 AM–12:05 PM</b> <b>BODYPUMP™</b> <i>Ella B</i></p> <p><b>12:15–1:10 PM</b> <b>YOGA RESTORE &amp; MEDITATE</b> <i>Tenzin S</i></p> <p><b>5:30–6:25 PM</b> <b>BARRE</b> <i>Lia C</i></p> <p><b>6:35–7:30 PM</b> <b>YOGA ADVANCED</b> <i>Rory S</i></p>	<p><b>NO CLASSES</b></p>

