

Last Name: _____ First Name: _____

Release and Informed Consent Form

UNIVERSITY OF MARYLAND – University Recreation and Wellness
ACTIVITIES INCLUDING ROCK CLIMBING WALL AND / OR CHALLENGE COURSE

In consideration of the University of Maryland permitting me to participate in rock climbing wall and/or Challenge Course, and related activities provided by University Recreation and Wellness (RecWell), I, on behalf of myself, my heirs, personal representative(s) and assigns hereby represent and agree as follows:

1. I understand that the RecWell Rock Climbing Wall and Challenge Course consist of a number of activity elements that range from two (2) feet to over fifty (50) feet off the ground, including a fifty (50) foot high ropes alpine tower, a fifty-five (55) foot climbing wall, a forty (40) foot traversing high course, slacklining, a giant swing, warm up games and group initiatives. I further understand that my participation in Rock Climbing Wall, Challenge Course and/or related activities is **completely voluntary**.
2. Upon signing this form, I acknowledge and agree that I must abide by all rules, regulations, expectations, and standards of conduct applicable to participation in Rock Climbing Wall, Challenge Course and related activities including. I understand that the University reserves the **right to limit or terminate my participation** in any activity if, in the sole discretion RecWell Staff, my conduct or actions do not conform to said rules, regulations, expectations or standards of conduct or are otherwise dangerous, disruptive or destructive.
3. I fully recognize and understand that participation in Rock Climbing Wall, Challenge Course and related activities is **physically demanding** and involves **substantial health, safety and other risks and hazards**, both minor and serious, including but not limited to: cuts, scrapes, bruises, broken bones, muscle strains, pulls or tears, other bodily injuries, heat prostration, blindness, deafness, heart attacks, temporary or permanent disabilities, paralysis, brain damage, emotional stress, and **even death**.
4. I fully recognize and understand that Rock Climbing Wall and Challenge Course activities require a **minimum level of fitness** and experience for **safe participation**. I also understand that RecWell advises that Rock Climbing Wall and Challenge Course participants have a physical examination to determine their fitness for participation, and that climbing activities including, but not limited to, the Climbing Wall, Alpine Tower, Giant Swing, and High Ropes require participants to weigh less than 300lbs. I further understand that the University of Maryland does not provide medical, health or other insurance for Rock Climbing Wall and/or Challenge Course participants.
5. I have had the **opportunity to ask any questions** that I may have about the Rock Climbing Wall, Challenge Course and/or related activities and the responsibilities and risks involved. All of my questions have been fully answered.
6. Knowing the dangers, hazards and risks associated with Rock Climbing Wall, Challenge Course and related activities, and with sufficient knowledge of my experience, physical condition and limitations, if any, **I voluntarily assume all responsibility and risk** of loss, damage, illness and/or injury to person or property that I may in any way sustain in connection with my participation in Rock Climbing Wall, Challenge Course and/or related activities. Participants may use their own personal equipment (i.e. harnesses, helmets, personal flotation device) provided this equipment meets industry standards and is in good working condition. Such equipment does not include carabiners or belay devices. RecWell reserves the right to deny use of personal equipment which fails to meet safety standards. Participant is solely responsible for the maintenance of and damage related to their personally-owned equipment.
7. To the fullest extent permitted by law, **I hereby release and forever discharge, and agree not to sue and to indemnify and hold harmless**, the State of Maryland, the University of Maryland, University Recreation and Wellness, and their officers, agents, employees and volunteers from and against any and all liabilities, claims, demands, and causes of action of any kind on account of any loss, damage, illness or injury to person or property in any way arising out of or relating to my participation in Rock Climbing Wall, Challenge Course and/or related activities, and/or use of RecWell equipment or facilities, whether due to negligence, default or other action or inaction of any person or entity.

The University reserves the right to limit or terminate participation in any activity if, in the sole discretion RecWell Staff, a participant's conduct or actions do not conform to RecWell rules, regulations, expectations or standards of conduct or are otherwise dangerous, disruptive or destructive.

I CERTIFY THAT I AM 18 YEARS OF AGE OR OLDER AND THAT I HAVE READ AND FULLY UNDERSTAND THIS RELEASE AND INFORMED CONSENT FORM AND I SIGN IT VOLUNTARILY WITH FULL KNOWLEDGE OF ITS SIGNIFICANCE.

Name: _____ UID# _____ Date: _____ Signature: _____