



APRIL 2019 PRIDE MONTH FITNESS CLASSES

Celebrate pride month with RecWell by attending one of our three themed fitness classes this April!



Pride! ZUMBA

APRIL 18, 7 - 7:45PM
ERC Multipurpose Room



QUEER RESTORATIVE YOGA

APRIL 25, 7 - 7:45PM
ERC Natatorium Studio

Pride! POOL PARTY

APRIL 26, 9 - 11PM
ERC Indoor Pool



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& WELLNESS



#MOVEYOURWAYUMD