



Active Terps Live Well



DIVISION OF
STUDENT AFFAIRS
UNIVERSITY RECREATION & WELLNESS

Summer 2026 Adventure Trip Schedule

*Summer 2026 Adventure Trip Registration opens **Friday, May 29 at 8:00 AM** for trips 6/6-6/7 and **Monday, June 1 at 8:00 AM** for all other trips.

Register online at activeterp.umd.edu.

For more information, see our [Summer 2026 Trip Registration Guide](#).*

06/06 SUP Gunpowder Falls State Park

Date: Saturday, June 6

Location: Bel Air, MD

Estimated Time: 9:00 AM - 6:00 PM

Pre-Trip Meeting: Thursday, June 4 from 7:00 PM - 8:00 PM virtually via Zoom.

Cost: \$35

Join us for a day of calm and serenity, exploring the Gunpowder River while stand up paddleboarding (SUP). Soar across calm waters, explore river coves, and see osprey nests! It is the perfect activity to unwind on a Sunday afternoon and enjoy some sunshine!

Difficulty: Beginner - New folks will start by sitting, and will progress to kneeling and standing based on comfort.

Amenities: Restroom facilities available in the parking lot

Travel Time: Approximately 1 hr 15 min minutes one way

06/07 Kayak Mallows Bay

Date: Sunday, June 7

Location: Nanjemoy, MD

Estimated Time: 8:00 AM - 6:00 PM

Pre-Trip Meeting: Thursday, June 4 from 7:00 PM - 8:30 PM at the Adventure Program. A portion of the meeting will take place in the ERC pool so you will need to bring a swimsuit.

Cost: \$40

Spend a day exploring the Ghost Fleet of Mallows Bay! You'll paddle beneath the cliffs along the Potomac River and explore the ancient relics of the largest shipwreck fleet in the Western Hemisphere. Although all of our trips are beginner-friendly and open to all skill levels, our Intro Series provides additional focus on instruction at some of our most accessible locations.



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Difficulty: Beginner - This trip will begin with instruction and practice with basic paddle strokes before completing a 2-3 hour loop around the bay.

Amenities: Portable toilets available at the boat ramp

Travel Time: Approximately 90 minutes away

06/13 Canoe the Monocacy

Date: Saturday, June 13

Location: Dickerson, MD

Estimated Time: 9:00 AM to 6:00 PM

Pre-Trip Meeting: Thursday, June 11 from 7:00 - 8:00 PM virtually via Zoom.

Cost: \$35

Join the Adventure Program for a canoeing adventure on the Monocacy River, one of Maryland's Wild and Scenic Rivers. Spend a leisurely spring day trying your hand at canoeing and enjoying the beautiful scenery of Western Maryland.

Difficulty: Beginner - Most of the six to seven-mile stretch of river is lazy and calm with enough flow to keep you going without paddling. The second half of the river features a Class I and a Class II rapid to end with some excitement!

Amenities: Outdoor toilet facilities (privies/portable toilets) available in the parking lot

Travel Time: Approximately 1 hour, 15 minutes one-way

07/18 SUP Spa Creek

Date: Saturday, July 18

Location: Annapolis, MD

Estimated Time: 9:00 AM to 6:00 PM

Pre-Trip Meeting: Thursday, July 16 from 7:00 - 8:00 PM virtually via Zoom.

Cost: \$35

Join us for a relaxing day on the water and try your hand at stand up paddleboarding (SUP). SUP's offer a full body workout and are a great way to explore the water; Spa Creek is the perfect place to enjoy some sunshine and time on the water!

Difficulty: Beginner - New folks will start by sitting, and will progress to kneeling and standing based on comfort.

Amenities: Restroom with running water available at Truxton River Park (accessible at start and finish of



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trip)

Travel Time: Approximately 50 minutes one way

07/19 Hike the Billy Goat Trail

Date: Sunday, July 19

Location: Potomac, MD

Estimated Time: 9:00 AM to 5:00 PM

Pre-Trip Meeting: Thursday, July 16 from 7:00 - 8:00 PM virtually via Zoom.

Cost: \$25

The Billy Goat Trail is one of the most well-known hikes in the Metro D.C. area, and for good reason. With nearly a mile of fun rock-hopping and spectacular views of the Potomac River along the way, this circuit is loads of fun with plenty to see. Join the Adventure Program as we hike Section A of the trail.

Difficulty: Intermediate - this trip requires you to scramble over tall boulders and jump from rock to rock. There is also a substantial rock scramble that you can learn more about [here](#).

Amenities: Indoor restroom facilities with running water available at the parking lot

Drive Time: Approximately 45 minutes one-way

07/25 Kayak Wye Island

Date: Saturday, July 25

Location: Queenstown, MD

Estimated Time: 8:00 AM to 6:00 PM

Pre-Trip Meeting: Thursday, July 23 from 7:00 - 8:30 PM in the Adventure Program. A portion of the meeting will take place in the ERC pool so you will need to bring a swimsuit.

Cost: \$40

Explore the coastal inlets of the eastern shore by navigating the channels around Wye Island Nature Preserve. Get excited to embrace the sights and sounds of Chesapeake Bay wildlife as we paddle around the edge of the island! No experience is necessary but good physical condition is helpful.

Difficulty: Intermediate - the coastal channels around the island are sheltered from the bay and sea, but are affected by tides and may have waves that are more challenging than flat water

Amenities: *No toilet at the boat launch, but stops available on the way*

Travel Time: *Approximately 1 hr, 30 minutes one way*



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07/26 Hike Calvert Cliffs

Date: Sunday, July 26

Location: Lusby, MD

Estimated Time: 9:00 AM to 5:00 PM

Pre-Trip Meeting: Thursday, July 23 from 7:00 - 8:00 PM virtually via Zoom.

Cost: \$25

Spend the day hiking to a sandy cliffside over the Chesapeake Bay which has eroded to reveal layers of natural history, including fossils, shells, and shark teeth. Enjoy the wide variety of plants and animals that can be seen along the hiking trails at Calvert Cliffs State Park! Come explore the sandy beaches and unique fossils at this one-of-a-kind shore!

Difficulty: Beginner - This hike is mostly flat and leisurely, a great relaxing afternoon for a beginner hiker. Expect to hike five to six miles.

Amenities: Restroom facilities available in the parking lot

Travel Time: Approximately 1 hr, 30 minutes minutes one way