

Terrapin Masters Team Records (SCM)

AGE GROUP	DATE	TIME	NAME	EVENT	NAME	TIME	DATE
18-24	12/7-8/2002	27.02 R	Petra Adamkova	50 Free	Rob Butcher	24.31	4/12/1997
	12/7-8/2002	1:00.25 R	Petra Adamkova	100 Free	Yannick Van Heers	55.32	12/5-6/2009
	12/6-7/2003	2:14.39	Kelly Bowman	200 Free	Myles Henderson	2:06.40	12/13-15/2024
	12/6-7/2003	4:45.54	Kelly Bowman	400 Free	Peter Galan	4:14.97	12/4/2010
	4/17/1994	9:49.66	Laura Antonietta	800 Free	Myles Henderson	9:19.76 s	12/13-15/2024
				1500 Free	Myles Henderson	17:41.14	12/13-15/2024
	12/6-7/2003	34.13	Meredith Stakem	50 Back	Yannick Van Heers	28.88	12/5-6/2009
	12/10-11/2005	1:12.05	Mollie Grover	100 Back	Chris Benedick	1:05.85	3/26/1994
	12/10-11/2005	2:32.36	Mollie Grover	200 Back	James Crowder	2:17.05	12/9-10/2000
	12/7-8/2002	34.65	Petra Adamkova	50 Breast	Rob Butcher	30.31	4/12/1997
	12/1/2018	1:42.04	Sabrina Elshafei	100 Breast	Rob Butcher	1:06.29	4/12/1997
	11/16/2018	3:43.13	Sabrina Elshafei	200 Breast	Barney Lynch	2:45.72	12/8-9/2001
	12/7-8/2002	29.99	Petra Adamkova	50 Fly	Zac Metzler	26.56	12/4/2021
	4/17/1994	1:11.63	Laura Antonietta	100 Fly	John "Jake" Keefe	59.43	4/9/2005
				200 Fly	John "Jake" Keefe	2:12.43	4/9/2005
	11/18/2023	1:17.92	Thea McKenna	100 IM	Zac Metzler	1:01.67	12/4/2021
	3/26/1994	2:40.33	Laura Antonietta	200 IM	Peter Galan	2:17.58	12/4/2010
	4/17/1994	5:39.50	Laura Antonietta	400 IM	Peter Galan	4:50.37	12/4/2010
AGE GROUP	DATE	TIME	NAME	EVENT	NAME	TIME	DATE
25-29	4/9/2005	27.90	Kelly Bowman	50 Free	Russell Perkins	24.26	12/7-8/2002
	4/9/2005	1:00.09	Kelly Bowman	100 Free	Russell Perkins	53.87	12/7-8/2002
	4/9/2005	2:11.40	Kelly Bowman	200 Free	Peter Galan	2:03.52	12/6/2014
	12/7-9/2018	4:32.84	Courtney Randolph	400 Free	Emad Elshafei	4:27.70	3/25/1995
	11/5/2011	9:56.32	Lillian Thomas	800 Free	Jeff Strahota	9:53.50	12/2/2009
	11/5/2011	18:49.25	Lillian Thomas	1500 Free	Jeff Strahota	18:21.94	12/5-6/2009
	12/7-9/2018	32.20	Courtney Randolph	50 Back	Chris Benedick	29.73	4/12/1997
	12/7-9/2018	1:07.38	Courtney Randolph	100 Back	Emad Elshafei	1:02.46	3/26/1994
	12/5-7/2008	2:27.82	Mollie Grover	200 Back	James Crowder	2:15.80	12/8-9/2001
	12/3/2016	37.69	Courtney Randolph	50 Breast	Jose de Jesus	30.48	4/2/2022
	12/7-9/2018	1:16.95	Courtney Randolph	100 Breast	Peter Fehring	1:07.33	12/2-3/2006
	2/29/2020	2:52.98	Courtney Randolph	200 Breast	Peter Fehring	2:30.06	12/2-3/2006
	12/13-15/2024	30.79	Marion D'Aurora	50 Fly	Brett Laplante	29.78	12/02/2017
	3/25/2017	1:09.92	Courtney Randolph	100 Fly	James Crowder	1:01.17	4/9/2005
				200 Fly	James Crowder	2:37.11	11/14/2004
	12/13-15/2019	1:08.23	Courtney Randolph	100 IM	Emad Elshafei	1:02.44	3/26/1994
	12/7-9/2018	2:24.39	Courtney Randolph	200 IM	Emad Elshafei	2:16.81	3/26/1994
	12/13-15/2019	5:06.96	Courtney Randolph	400 IM	James Crowder	5:00.67	12/8-9/2001

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AGE GROUP	DATE	TIME	NAME	EVENT	NAME	TIME	DATE
30-34	12/13/2015	27.76	Mollie Grover	50 Free	Jose de Jesus	24.99	12/15-17/2023
	12/12/2015	59.58	Mollie Grover	100 Free	Jose de Jesus	55.51	12/15-17/2023
	12/4/2021	2:14.99	Courtney Randolph	200 Free	Brett Laplante	2:02.93	12/7-9/2018
	4/4/1998	4:38.76	Jane West	400 Free	Brett Laplante	4:24.31	12/10-12/2021
	12/9-11/2022	9:41.54	Courtney Randolph	800 Free	Brett Laplante	9:36.40	12/9-11/2022
	12/10-12/2021	18:26.14	Courtney Randolph	1500 Free	Michael Lee	19:12.13	11/6-7/1999
	12/13/2015	31.78	Mollie Grover	50 Back	Brett Laplante	29.37	12/13-15/2019
	12/12/2015	1:07.09	Mollie Grover	100 Back	Emad Elshafei	1:04.01	3/25/2000
	12/13/2015	2:25.19	Mollie Grover	200 Back	Brett Laplante	2:19.33	12/10-12/2021
	12/4/2021	36.63	Courtney Randolph	50 Breast	Jose de Jesus	30.07	12/15-17/2023
	11/23/2024	1:18.43	Courtney Randolph	100 Breast	Jose de Jesus	1:08.60	12/15-17/2023
	12/13-15/2024	2:45.88	Courtney Randolph	200 Breast	Cejih Yung	2:33.05	12/3/2016
	5/16-19/2014	30.70	Mollie Grover	50 Fly	Mike Doane	26.74	12/6-7/2003
	3/16/2024	1:09.88	Courtney Randolph	100 Fly	Mark Smith	59.58	12/13-15/2024
				200 Fly	Mark Smith	2:19.61	12/13-15/2024
	12/10-12/2021	1:09.57	Courtney Randolph	100 IM	Mark Smith	1:02.86	12/13-15/2024
	12/13-15/2024	2:27.41	Courtney Randolph	200 IM	Brett Laplante	2:19.18	12/7-9/2018
	12/10-12/2021	5:11.90	Courtney Randolph	400 IM	Brett Laplante	4:58.66	12/10-12/2021
	AGE GROUP	DATE	TIME	NAME	EVENT	NAME	TIME
35-39	12/13-15/2019	28.72	Mollie Grover	50 Free	Mike Doane	25.14	12/13/2009
	12/8-10/2017	1:00.25	Mollie Grover	100 Free	Michael Lee	55.78	12/7-8/2002
	12/9-10/2000	2:16.31	Jane West	200 Free	Michael Lee	2:03.98	12/7-8/2002
	3/25/2000	4:43.98	Jane West	400 Free	Michael Lee	4:25.41	12/7-8/2002
	12/9-10/2000	9:54.01	Jane West	800 Free			
	12/10-12/2021	19:44.08	Laura Rose	1500 Free	Michael Lee	18:38.36	12/7-8/2002
	12/8-10/2017	32.05	Mollie Grover	50 Back	Emad Elshafei	29.60	3/31/2001
	12/8-10/2017	1:07.21	Mollie Grover	100 Back	Emad Elshafei	1:03.52	3/20/2004
	12/8-10/2017	2:25.57	Mollie Grover	200 Back	Emad Elshafei	2:19.62	4/6/2002
	12/13-15/2024	37.54	Marlena Tonelli	50 Breast	Blake Holden	29.00	5/16-19/2014
	12/13-15/2024	1:22.51	Laura Rose	100 Breast	Blake Holden	1:03.25	5/16-19/2014
	12/10-12/2021	3:00.76	Laura Rose	200 Breast	Blake Holden	2:17.47	5/16-19/2014
	12/3/2016	31.61	Mollie Grover	50 Fly	Mike Doane	26.84	12/5-6/2009
	12/10-12/2021	1:14.11	Laura Rose	100 Fly	Blake Holden	1:00.38	12/12/2014
	12/8-9/2001	2:49.56	Jane West	200 Fly	Jeff Strahota	2:40.29	3/21/2015
	11/23/2024	1:17.70	Laura Rose	100 IM	Blake Holden	1:00.11	5/16-19/2014
	12/8-9/2001	2:39.07	Jane West	200 IM	Emad Elshafei	2:20.73	3/20/2004
	12/15-17/2023	5:48.15	Laura Rose	400 IM	Emad Elshafei	5:12.96	4/9/2005

Terrapin Masters Team Records (SCM)

AGE GROUP	DATE	TIME	NAME	EVENT	NAME	TIME	DATE
40-44	12/2-4/2005	28.55	Carolyn Voorhees	50 Free	Mike Doane	25.11	12/7/2013
	12/9-11/2022	1:00.67	Mollie Grover	100 Free	Edward Helfers	56.69	11/23/2024
	12/5-6/2009	2:21.04	Gretchen Ekstrom	200 Free	Edward Helfers	2:03.36	3/18/2023
	12/7-9/2007	5:00.06	Gretchen Ekstrom	400 Free	Jeff Strahota	4:42.17	12/10-12/2021
				800 Free	Jeff Strahota	9:59.71	12/9-11/2022
				1500 Free	Steve Payne	23:38.17	12/7-8/2002
	12/9-11/2022	32.80	Mollie Grover	50 Back	Emad Elshafei	29.76	4/1/2006
	12/9-11/2022	1:08.55	Mollie Grover	100 Back	Emad Elshafei	1:03.48	4/1/2006
	12/9-11/2022	2:26.87	Mollie Grover	200 Back	Emad Elshafei	2:18.40	4/1/2006
	7/18/2005	45.87	Donna Elshafei	50 Breast	Blake Holden	29.21	12/13-15/2019
	12/7/2013	1:36.69	Alison Meehan	100 Breast	Blake Holden	1:03.78	12/13-15/2019
	3/20/2004	3:56.94	Debbie Morrin-Nordlund	200 Breast	Blake Holden	2:20.51	12/13-15/2019
	12/13-15/2024	31.31	Mollie Grover	50 Fly	Blake Holden	26.80	12/13-15/2019
	3/20/2010	1:20.44	Gretchen Ekstrom	100 Fly	Edward Helfers	1:00.79	3/18/2023
	4/12/1997	4:25.78	Hartzell Stringer	200 Fly	Jeff Strahota	2:41.21	12/4/2021
	12/2-4/2005	1:15.31	Carolyn Voorhees	100 IM	Emad Elshafei	1:01.04	4/1/2006
	12/5-7/2008	2:49.61	Gretchen Ekstrom	200 IM	Emad Elshafei	2:21.42	3/21/2009
	3/24/2007	6:01.40	Gretchen Ekstrom	400 IM	Emad Elshafei	5:11.96	3/21/2009
AGE GROUP	DATE	TIME	NAME	EVENT	NAME	TIME	DATE
45-49	12/2-3/2006	29.08	Carolyn Voorhees	50 Free	Mike Doane	25.23	12/5/2015
	4/4/1998	1:14.66	Cheryl Wagner	100 Free	Bill Shipp	1:00.09	12/5-6/2009
	4/19/1998	3:04.53	Myriam Pero	200 Free	Bill Shipp	2:12.72	12/5-6/2009
	4/12/1997	6:19.65	Myriam Pero	400 Free	Bill Shipp	4:43.17	12/5-6/2009
				800 Free			
				1500 Free	Curt Reynolds	19:01.07	12/8-10/2006
				50 Back	Curt Reynolds	30.89	10/15/2005
				100 Back	Emad Elshafei	1:06.42	11/21/2015
				200 Back	Emad Elshafei	2:23.13	3/19/2011
				50 Breast	Glenn Mills	30.94	12/7-9/2007
				100 Breast	Glenn Mills	1:07.76	12/7-9/2007
				200 Breast	Glenn Mills	2:30.67	12/7-9/2007
	4/4/1998	46.12 s	Cheryl Wagner	50 Fly	Mike Doane	27.66	12/5/2015
	4/4/1998	1:44.36 s	Cheryl Wagner	100 Fly	Mike Doane	1:05.12	12/3/2016
	4/4/1998	3:51.49	Cheryl Wagner	200 Fly	Curt Reynolds	2:38.54	1/29/2005
	12/2-3/2006	1:16.62	Carolyn Voorhees	100 IM	Emad Elshafei	1:07.70	12/12/2015
				200 IM	Glenn Mills	2:19.40	12/7-9/2007
				400 IM	Emad Elshafei	5:16.88	3/19/2011

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AGE GROUP	DATE	TIME	NAME	EVENT	NAME	TIME	DATE
50-54	3/20/2004	35.30	Cheryl Wagner	50 Free	Mike Doane	26.63	2/29/2022
	3/20/2004	1:16.56	Cheryl Wagner	100 Free	Emad Elshafei	1:01.45	3/30/2019
	3/20/2004	2:52.17	Cheryl Wagner	200 Free	Emad Elshafei	2:16.43	12/1/2018
	3/20/2004	5:59.67	Cheryl Wagner	400 Free	Emad Elshafei	4:46.03	3/3/2018
	11/16/2018	13:01.45	Donna Elshafei	800 Free	Emad Elshafei	10:07.47	11/16/2018
				1500 Free	Curt Reynolds	20:55.37	11/8/2014
	12/7/2013	37.63	Kathryn Bayer	50 Back	Emad Elshafei	31.21	3/5/2016
	4/2/2022	1:19.61	Traci Pellegrini	100 Back	Emad Elshafei	1:05.81	3/5/2016
	4/9/2005	3:37.26	Cheryl Wagner	200 Back	Emad Elshafei	2:22.64	3/5/2016
	11/21/2015	48.56	Donna Elshafei	50 Breast	Mike Doane	33.01	12/4/2021
	4/2/2022	1:28.98	Traci Pellegrini	100 Breast	Charlie Hoffman	1:17.40	12/9-10/2000
	4/2/2022	3:07.21	Traci Pellegrini	200 Breast	Andy Ellis	2:51.91	12/7-9/2018
	11/14/2004	46.55	Cheryl Wagner	50 Fly	Mike Doane	28.17	2/29/2020
	4/9/2005	1:46.46	Cheryl Wagner	100 Fly	Curt Reynolds	1:09.91	6/17/2012
				200 Fly	Emad Elshafei	2:40.03	3/30/2019
	4/2/2022	1:18.13	Traci Pellegrini	100 IM	Emad Elshafei	1:07.46	3/3/2018
	3/29/2003	3:28.06	Cheryl Wagner	200 IM	Emad Elshafei	2:26.45	3/3/2018
				400 IM	Emad Elshafei	5:22.94	12/1/2018
AGE GROUP	DATE	TIME	NAME	EVENT	NAME	TIME	DATE
55-59	11/23/2019	37.10	Donna Elshafei	50 Free	Pete Reider	26.78	12/4/2010
	3/24/2007	1:19.80	Cheryl Wagner	100 Free	Emad Elshafei	1:05.81	12/22/2024
	11/23/2019	2:52.70	Donna Elshafei	200 Free	Bill Shipp	2:22.62	12/5/2015
	3/15/2008	6:22.22	Cheryl Wagner	400 Free	Bill Shipp	5:03.08	12/5/2015
				800 Free			
				1500 Free			
	3/30/2019	42.36	Donna Elshafei	50 Back	Pete Reider	31.52	3/19/2011
	3/30/2019	1:34.45	Donna Elshafei	100 Back	Emad Elshafei	1:10.16	3/18/2023
	3/18/2023	3:26.46	Donna Elshafei	200 Back	Emad Elshafei	2:40.66	3/16/2024
	3/30/2019	48.34	Donna Elshafei	50 Breast	Emad Elshafei	36.52	3/18/2023
	12/4/2021	1:47.41	Donna Elshafei	100 Breast	Emad Elshafei	1:17.91	12/4/2021
	3/18/2023	3:52.78	Donna Elshafei	200 Breast	Emad Elshafei	2:52.32	3/18/2023
	11/23/2019	47.44	Donna Elshafei	50 Fly	Pete Reider	28.81	12/4/2010
				100 Fly			
				200 Fly			
	12/4/2021	1:35.64	Donna Elshafei	100 IM	Emad Elshafei	1:10.92	3/18/2023
				200 IM	Emad Elshafei	2:40.87	11/23/2024
				400 IM	Emad Elshafei	5:45.12	12/22/2024

Terrapin Masters Team Records (SCM)

AGE GROUP	DATE	TIME	NAME	EVENT	NAME	TIME	DATE
60-64				50 Free	Andrew Zitnay	32.72	3/15/2008
	12/22/2024	1:20.94	Donna Elshafei	100 Free	Andrew Zitnay	1:18.00	3/15/2008
	12/3/2016	3:13.13	Cheryl Wagner	200 Free	Steve Payne	3:09.64	12/9-11/2022
	12/12/2004	5:20.87	Joan Pfinsgraff	400 Free	Steve Payne	7:05.80 s	12/9-11/2022
	12/22/2024	11:08.64	Donna Elshafei	800 Free	Steve Payne	14:08.49	12/9-11/2022
				1500 Free			
	12/12/2014	35.89	Joan Pfinsgraff	50 Back	Dave Diehl	37.44	3/29/2003
	12/12/2014	1:16.83	Joan Pfinsgraff	100 Back	Dave Diehl	1:32.13	3/29/2003
	12/12/2014	2:44.59	Joan Pfinsgraff	200 Back	Dave Diehl	3:35.20	3/29/2003
				50 Breast	Charlie Hoffman	38.46	3/19/2011
				100 Breast	Charlie Hoffman	1:23.48	12/4/2010
	12/22/2024	3:54.93	Donna Elshafei	200 Breast	Charlie Hoffman	3:04.69	3/19/2011
				50 Fly	Chuck Berke	33.35	12/7/2013
				100 Fly	Chuck Berke	1:22.49	12/7/2013
				200 Fly	Chuck Berke	3:09.69	12/7/2013
				100 IM	Steve Payne	1:49.11	11/12/2022
	12/12/2014	2:55.90	Joan Pfinsgraff	200 IM	Steve Payne	4:01.81	11/12/2022
				400 IM			
AGE GROUP	DATE	TIME	NAME	EVENT	NAME	TIME	DATE
65-69				50 Free	Charlie Hoffman	30.68	7/21-24/2016
				100 Free	Bill Conroy	1:19.31	12/5-7/2008
				200 Free	Bill Conroy	2:54.01	12/5-7/2008
				400 Free	Bill Conroy	5:58.74	12/5-7/2008
				800 Free	Bill Conroy	12:27.27	12/5-7/2008
				1500 Free	Bill Conroy	22:56.31	12/5-7/2008
				50 Back	Ed Goit	50.10	12/6/2014
				100 Back	Ed Goit	1:53.26	12/6/2014
				200 Back			
				50 Breast	Charlie Hoffman	39.58	7/21-24/2016
				100 Breast	Charlie Hoffman	1:25.66	7/21-24/2016
				200 Breast	Charlie Hoffman	3:08.21	7/21-24/2016
				50 Fly	Charlie Hoffman	33.12	7/21-24/2016
				100 Fly			
				200 Fly			
				100 IM			
				200 IM			
				400 IM			

Terrapin Masters Team Relay Records

Short Course Meters			
WOMEN			
72-99			
200 Free Relay			
400 Free Relay			
800 Free Relay	K. Bowman, M. Stakem, L. Hnath, J. Teerlink	9:11.28 (NR)	11/14/2004
200 Medley Relay			
400 Medley Relay	L. Hnath, K. Bowman, J. Teerlink, M. Stakem	4:46.62 (NR)	11/14/2004
120-159			
200 Free Relay	M. Grover, L. Rose, M. Tonelli, M. Crnogorcevic	2:05.86	12/10-12/2021
400 Free Relay	M. D'Aurora, C. Charpentier, M. Tonelli, L. Rose	4:32.51	12/13-15/2024
800 Free Relay			
200 Medley Relay	M. Grover, C. Randolph, L. Rose, M. Tonelli	2:13.71	12/15/2019
400 Medley Relay	M. Grover, K. Bowman, C. Busch, G. Ekstrom	4:58.51	12/2-3/2006
MEN			
100-119			
200 Free Relay	M. Lee, J. Strahota, J. Crowder, C. Dewing	1:49.29	10/12/2002
400 Free Relay	E. Switzer, S. West, B. Bengtsson, A. Martin	3:56.80	12/8-9/2001
800 Free Relay	B. Bengtsson, E. Switzer, J. Crowder, C. Dewing	8:48.05	12/8-9/2001
200 Medley Relay	J. Crowder, M. Goodison, R. Perkins, M. Lee	1:52.68	12/7-8/2002
400 Medley Relay	J. Crowder, P. Fehring, M. Haupt, J. Keefe	4:00.47(NR)	4/9/2005
120-159			
200 Free Relay	J. Strahota, A. Ellis, M. Goodison, Y. Van Heers	1:46.62	12/5-6/2009
400 Free Relay	S. West, J. Crowder, J. Hoyle, E. Nordlund	4:02.27	12/9-10/2000
800 Free Relay	E. Switzer, M. Lee, C. Dewing, J. Strahota	8:47.71	12/7-8/2002
200 Medley Relay	B. Laplante, B. Holden, J. Strahota, J. O'Loughlin	1:53.51	12/15/2019
400 Medley Relay	J. Crowder, M. Goodison, A. Ellis, M. Lee	4:21.53	12/2-3/2006
160-199			
200 Free Relay	M. Goodison, A. Ellis, J. Strahota, J.O'Loughlin	1:49.29	12/7-9/2018
400 Free Relay	C. Reynolds, M. Lee, Shipp, A. Ellis	4:00.09	12/2-3/2006
800 Free Relay			
200 Medley Relay	J. Strahota, M. Goodison, A. Ellis, J. O'Loughlin	2:01.49	12/7-9/2018
400 Medley Relay	J. Strahota, M. Goodison, A. Ellis, J. O'Loughlin	4:31.52	12/7-9/2018
200-239			
200 Free Relay	S. Payne, C. Hoffman, B. Shipp, M. Doane	2:03.08	12/5/2015

Terrapin Masters Team Relay Records

MIXED RELAYS			
72-99			
200 Free Relay	P. Adamkova, K. Diblasi, A. Martin, J. Strahota	1:51.09	12/7-8/2002
400 Free Relay	P. Adamkova, J. Crowder, K. Diblasi, R. Perkins	3:56.65 (NR)	12/7-8/2002
800 Free Relay	M. Stakem, K. Bowman, J. Strahota, J. Crowder	8:51.55 (NR)	12/6-7/2003
200 Medley Relay	J. Crowder, P. Adamkova, R. Perkins, K. Diblasi	2:00.54	12/7-8/2002
400 Medley Relay	J. Crowder, P. Adamkova, R. Perkins, K. Diblasi	4:22.07 (NR)	12/7-8/2002
100-119			
200 Free Relay	M. Grover, J. Crowder, J. Strahota, K. Bowman	1:53.07	12/2-3/2006
400 Free Relay	J. Hoyle, S. West, E. Galloway, A. Thompson	4:14.35	12/9-10/2000
800 Free Relay	E. Galloway, J. West, J. Crowder, B. Bengtsson	9:07.08	12/8-9/2001
200 Medley Relay	E. Galloway, J. West, E. Switzer, B. Lynch	2:10.27	12/8-9/2001
400 Medley Relay	M. D'Aurora, C. Randolph, M. Smith, M. Henderson	4:25.52	12/13-15/2024
120-159			
200 Free Relay	M. Smith, C. Randolph, M. Grover, J. de Jesus	1:47.14	12/13-15/2024
400 Free Relay	M. Grover, G. Ekstrom, A. Ellis, Y. Van Heers	4:10.00	12/5-6/2009
800 Free Relay	C. Randolph, M. Grover, B. Laplante, B. Holden	8:35.33	12/14/2019
200 Medley Relay	C. Randolph, J. de Jesus, M. Grover, J. O'Loughlin	2:03.17	3/16/2024
400 Medley Relay	C. Randolph, L. Rose, B. Laplante, J. O'Loughlin	4:38.79	12/10-12/2021
160-199			
200 Free Relay			
400 Free Relay	C. Demma, C. Wagner, C. Voorhees, C. Reynolds	4:51.68	12/2-3/2006
800 Free Relay			
200 Medley Relay	J. Strahota, L. Rose, A. Ellis, M. Tonelli	2:14.14	12/10-12/2021
400 Medley Relay	M. Grover, A. Ellis, J. Strahota, M. Tonelli	4:46.91	12/10-12/2021
200-239			
200 Free Relay	J. Osman, D. McInnes, A. Wu, P. Reider	2:23.08	6/12/2014