

## UNIVERSITY OF MARYLAND RECWELL

### Ritchie Coliseum Gymnasium Emergency Action Plan (EAP)

**Emergency Communication:** Call campus emergency services at (301) 405-3333 (#3333). Landline phone located in the main entrance of Ritchie Coliseum (campus bldg. 004). Call back number is (301) 226-4378.

**Address:** Ritchie Coliseum (campus bldg. 004) 7675 Baltimore Ave, College Park, MD 20740.

**Venue Directions:** Primary EMS entrance to the gymnasium is through the back entrance of Ritchie Coliseum next to the loading dock at access point B. When entering through the back entrance of the building across from Lots J2 and 16, come up Diamondback Drive and follow the detour construction path around lot J2 towards the back of Ritchie Coliseum. Upon entering the building, proceed onto the main gym floor. Secondary EMS entrance is located through the main lobby doors at access point C, off of Baltimore Ave. across from Rossborough Inn.



A = Ritchie Coliseum    B=Primary Emergency Access Point    C=Secondary Emergency Access Point

→ = EMS Entrance    ★ = Public Phone    ★ = Personnel to meet EMS  
● = Elevator


*Be aware that construction may modify EAP: Plan accordingly each day prior to event. Revised 1/10/2024*

## Lay First Responder Management of Common and Catastrophic Injuries

### Chain of Command:

If no healthcare professional (athletic trainer, paramedic, physician, etc.) is around to assist in an emergency, the guidelines below are available for a lay first responder to follow. Always call campus emergency services if unsure of what to do and yield immediate emergency care to those with the highest medical authority on site.

1. **Check:** Attend to the injured participant and assess the scene, situation, and ABC's (airway, breathing, circulation (heartbeat)).
2. **Call:** Alert campus emergency services 301-405-3333 for advanced medical help, providing the dispatcher with all requested information.
3. **Care:**
  - A. Locate and obtain any available emergency equipment (AED/first aid kit). When campus emergency services are called, a UMPD officer will bring these items to the scene with them.  
**\*Closest public AED is located in the main lobby of Ritchie Coliseum outside of the gym doors.**
  - B. Ensure that all door, gates, and entry ways are open so that available and designated personnel (red stars on map) can lead EMS to the scene/injured participant
  - C. Providing care for common/catastrophic injuries:
    - **Breathing emergencies:** unconscious, non-breathing participants will need CPR administered and an AED applied until EMS arrives and takes over.
    - **Bleeding:** apply direct pressure to the wound until EMS arrives and takes over.
    - **Heat Illness:** Immediately begin cooling the participant first with all available water/ice and transport them with EMS second.
    - **Fracture:** Do not move the injured area, monitor, and keep the participant calm until EMS arrives and takes over.
    - **Cervical Spine/Neck:** Do not move the injured participant. Have the participant remain still, calm, and monitor until EMS arrives and takes over.
4. **Report:** All injuries/incidents occurring on or in RecWell spaces should be reported in one of the following forms:

A. Accident report- 

B. Incident report- 