

UNIVERSITY OF MARYLAND RECWELL
Indoor Practice Bubble Emergency Action Plan (EAP)

Emergency Communication: Call campus emergency services at (301) 405-3333 (#3333). A landline phone is located in the Golf Course/Pro Shop (campus bldg. 166). Call back number is (301) 314-4653.

Address: (campus bldg. 309) 3809 Golf Course Road, College Park, MD 20742, off of University Blvd (MD193).

Venue Directions: Enter the Maryland Golf Course off of University Boulevard. Turn left prior to the traffic circle and cut across parking lot R4. To allow EMS field access, manually pull the chain next to the garage door inside the facility and tie it off.



A= Indoor practice bubble garage door

B = Golf course club house

★ = personnel to meet EMS

➔ = EMS Entrance

Lay First Responder Management of Common and Catastrophic Injuries

Chain of Command:

If no healthcare professional (athletic trainer, paramedic, physician, etc.) is around to assist in an emergency, the guidelines below are available for a lay first responder to follow. Always call campus emergency services if unsure of what to do and yield immediate emergency care to those with the highest medical authority on site.

1. **Check:** Attend to the injured participant and assess the scene, situation, and ABC's (airway, breathing, circulation(heartbeat)).
2. **Call:** Alert campus emergency services 301-405-3333 for advanced medical help, providing the dispatcher with all requested information.
3. **Care:**
 - A. Locate and obtain any available emergency equipment (AED/first aid kit). When campus emergency services are called, a UMPD officer will bring these items to the scene with them.
***Closest public AED is located outside of the main entrance of the bubble.**
 - B. Ensure that all door, gates, and entry ways are open so that available and designated personnel (red stars on map) can lead EMS to the scene/injured participant
 - C. Providing care for common/catastrophic injuries:
 - **Breathing emergencies:** unconscious, non-breathing participants will need CPR administered and an AED applied until EMS arrives and takes over.
 - **Bleeding:** apply direct pressure to the wound until EMS arrives and takes over.
 - **Heat Illness:** Immediately begin cooling the participant first with all available water/ice and transport them with EMS second.
 - **Fracture:** Do not move the injured area, monitor, and keep the participant calm until EMS arrives and takes over.
 - **Cervical Spine/Neck:** Do not move the injured participant. Have the participant remain still, calm, and monitor until EMS arrives and takes over.
4. **Report:** All injuries/incidents occurring on or in RecWell spaces should be reported in one of the following forms:

A. Accident report-



B. Incident report-

