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**STUDENT AFFAIRS**  
UNIVERSITY RECREATION & WELLNESS

## Spring 2023 Adventure Trip Schedule

### **Cross Country Ski New Germany State Park - [register](#)**

Date: Sunday, February 5

Location: Grantsville, MD

Pre-Trip Meeting Tuesday, January 31 from 8:00-9:00 PM

Cost: \$50 (includes ski rental)

Enjoy the day cross country skiing through the snowy hills of Western Maryland in New Germany State Park. You'll learn the basics of cross country skiing on some of the best groomed tracks around while also getting a workout and enjoying the wooded scenery.

*Amenities: Indoor restroom facilities available*

*Travel Time: Approximately 2 hours, 45 minutes away*

### **Wind Cave Adventure - [register](#)**

Date: Saturday, February 11

Location: Pequea, PA

Pre-Trip Meeting: Tuesday, February 7 from 8:00-9:00 PM

Cost: \$35

Unlike other caves the Adventure Program visits, Wind Cave is a tectonic cave, and as a result has unique features. For example, the cave has temperatures similar to a refrigerator at 38 degrees, and instead of finding stalactites and stalagmites in this cave, you'll find icicles. Join us and find out what makes Wind Cave so unique! No previous caving experience is necessary, just an adventuresome spirit and a willingness to get muddy!

*Amenities: N/A*

*Travel Time: Approximately 2 hours, 15 minutes away*

### **Cave Whittings Neck - [register](#)**

Date: Saturday, February 18

Location: Shepherdstown, WV

Pre-Trip Meeting: Tuesday, February 14 from 8:00-9:00 PM

Cost: \$35

We're heading underground to warmer temperatures! Solutional caves like Whittings Neck offer year round temperatures in the 50's. Come explore the features and formations that Whittings Neck Cave has to offer. Crawl through the "Birth Canal" and get turned around in the "Milkshake Room." No previous caving experience is necessary, just an adventuresome spirit and a willingness to get muddy!



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*Amenities: Portable toilets in the parking lot*

*Travel Time: Approximately 2 hours 30 minutes one way*

**Intro to Backpacking on the Appalachian Trail - [register](#)**

Date: Saturday, February 25 - Sunday, February 26

Location: Harpers Ferry, WV

Pre-Trip Meeting: Tuesday, February 21 from 8:00-9:30 PM

Cost: \$60

This trip is designed to teach the basics of backpacking while exploring a section of the iconic Appalachian Trail. We'll begin at Gathland State Park and finish in Historic Harpers Ferry, backpacking approximately four to five miles each day. A trip highlight is a view of the confluence of the Potomac and Shenandoah Rivers from the heights of Weverton Cliffs.

*Amenities: Outdoor toilet facilities (privies) available*

*Travel Time: Approximately 1 hour, 30 minutes away*

**Cave & Hike West Virginia - [register](#)**

Date: Saturday, March 4-Sunday, March 5

Location: Seneca Rocks, WV

Pre-Trip Meeting: Tuesday, February 28 from 8:00-9:30 PM

Cost: \$65

Join us for this wild and wonderful adventure in West Virginia! We'll spend most of the weekend underground exploring two of the area's many caves. We'll also hike up Seneca Rocks for a breathtaking view of the valley below and spend our evening nestled in a cabin in the shadows of Seneca Rocks.

*Amenities: Indoor restrooms with running water available at campground*

*Travel Time: Approximately 3.5 hours one way*

**Hike Shenandoah National Park - [register](#)**

Date: Saturday, March 4

Location: Syria, VA

Pre-Trip Meeting: Tuesday, February 28 from 8:00-9:00 PM

Cost: \$30

Escape to the hills of Shenandoah National Park for a day of hiking. Enjoy the budding spring and cascading waterfalls as you hike through the wooded hollows of this gem of a national park.

*Amenities: Portable toilets available in parking lot*

*Travel Time: Approximately 2 hours, 30 minutes one way*



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**Women's Backpacking Trip - [register](#)**

Date: Saturday, March 11 - Sunday March 12

Location: Shenandoah National Park

Pre-Trip Meeting: Tuesday, March 7 from 8:00-9:30 PM

Cost: \$50

We're celebrating Women's History Month with a women's backpacking affinity trip. This trip is intended to create space for individuals who identify as women to come together for a weekend of backpacking and camaraderie in Shenandoah National Park.

*Amenities: Portable toilets available in parking lot*

*Travel Time: Approximately 2 hours 30 minutes one way*

**Hike Catoctin Mountain Park - [register](#)**

Date: Saturday, March 11

Location: Thurmont, MD

Pre-Trip Meeting: Tuesday, March 7 from 8:00-9:00 PM

Cost: \$30

Join us for a day of hiking in Catoctin Mountain Park, famous for its beautiful vistas and cascading waterfalls. This is a great opportunity to escape campus and experience one of Maryland's most beautiful parks.

*Amenities: Indoor restroom facilities with running water available at Visitor Center*

*Travel Time: Approximately 1 hour, 15 minutes one way*

**Mountain Bike Schaeffer Farms - [register](#)**

Date: Sunday, March 12

Location: Germantown, MD

Pre-Trip Meeting: Tuesday, March 7 from 8:00-9:30 PM

Cost: \$30

Get ready for an exhilarating day biking on the trails of Schaeffer Farms! From weaving through dirt trails to crossing streams, mountain biking is a thrilling sport for bikers of all experience levels. This trip will leave you feeling challenged and accomplished! The Schaeffer Farms Trail is suitable for advanced beginners and riders with intermediate abilities.

*Amenities: Indoor restroom facilities with running water available at trailhead*

*Travel Time: Approximately 30 minutes one way*



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**Spring Break Backpack the Appalachian Trail - [register](#)**

Date: Sunday, March 19-Saturday, March 25

Location: Appalachian Trail

Pre-Trip Meeting: Tuesdays, March 7 & 14 from 8:00-9:30 PM

Cost: \$250 (backcountry meals included)

Be a part of the Adventure Program's history and join us as we embark on our next section hike of the Appalachian Trail (AT) along the Tennessee and North Carolina border. Over the next several years, the Adventure Program will be section hiking the AT in its entirety with the ultimate goal of reaching the Northern Terminus, Mt. Katahdin in Maine. Ten years ago the Adventure Program began at the Southern Terminus, Mt. Springer in Georgia, and began the voyage north. Be a part of this year's hiking team and help us get closer to our goal. No previous backpacking experience is necessary, but you should be in good physical condition.

*Amenities: Outdoor toilet facilities (privies) available*

*Travel Time: Approximately 7 hours away*