



Swim Lesson Selector

Is Your Child Independent?

Not Yet Parent & Tot
(6 months - 3 years)

Can Your Child Enter Water Unassisted?

Not Yet Preschool
(2.5 years - 5 years)

Can Your Child glide on front, roll to back and float on back?

Not Yet Level 1
(3.5 years - 8 years)

Can Your Child move into back float for 15 seconds, roll to front, then recover vertically?

Not Yet Level 2
(5 years - 11 years)

Can Your Child swim front crawl for 15 yards and elementary back stroke for 15 yards?

Not Yet Level 3
(6 years - 12 years)

Can Your Child swim breast stroke 15 yards and backstroke 15 yards?

Not Yet Level 4
(6.5 years - 13 years)

Can Your Child swim breast stroke 25 yards, use correct turn, and swim back crawl 25 yards?

Not Yet Level 5/6
(8 years - 14 years)

Can the participant swim 15 yards freestyle with rotary breathing?

Not Yet Beginning Adult
(15+ years)

Can the participant swim 50 yards freestyle with rotary breathing?

Not Yet Intermediate Adult
(15+ years)

