



Active Terps Live Well



DIVISION OF
STUDENT AFFAIRS
UNIVERSITY RECREATION & WELLNESS

Fall 2021 Adventure Trip Schedule

Freshman Backpack the Appalachian Trail - [Register](#)

Date: Saturday, September 4-Sunday, September 5

Location: Harpers Ferry, WV

Pre-Trip Meeting: Thursday, August 27 from 8:00-9:30 PM

Cost: \$50

*Must be a UMD freshman student to participate

Spend two days backpacking on the Appalachian Trail (AT) while getting to know other first year Terps. The AT is the longest hiking-only footpath in the world, measuring roughly 2,190 miles in length. Trail highlights on this section of the trail include a breathtaking view of the Potomac River from the heights of Weverton Cliff, a stone monument in Gathland State Park, and a visit to historic Harpers Ferry - the "psychological halfway point" of the AT for thru-hikers. No experience is necessary; we'll teach you the ins and outs of backpacking and backcountry camping!

Amenities: Outhouses accessible along trail; indoor restroom facilities with running water available at Harpers Ferry

Drive Time: Approximately 1 hour, 20 minutes one way

Sophomore Climb Carderock - [Register](#)

Date: Thursday, September 6

Location: Carderock, MD

Pre-Trip Meeting: Thursday, August 27 from 8:00-9:00 PM

Cost: \$25

*Must be a UMD sophomore student to participate

Just a few miles from the Capital Beltway, Carderock offers some of the best urban climbing around. Harness up and get ready to spend a leisurely day on the rocks while meeting other sophomores and making new friends. Climbing at Carderock is open to climbers of all skill levels, so it is a great place for both experienced climbers and those who are just trying it out for the first time.

Amenities: Indoor restroom facilities with running water available in parking lot

Drive Time: Approximately 45 minutes one way



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Whitewater Kayak the Potomac - [Register](#)

Date: Saturday, September 11

Location: Potomac, MD

Pre-Trip Meeting: Tuesday, September 7 from 8:00-10:00 PM

Cost: \$25

Join the Adventure Program for an adventurous day on the water! This is an introductory trip so no previous whitewater experience is necessary. You'll start off learning the basics in the pool at the pre-trip meeting, and trained trip leaders will have you running some class II rapids on the Potomac by the end of the trip. Expect to get your adrenaline pumping, learn paddling skills, and meet some new people!

Amenities: Indoor restroom facilities with running water at Old Angler's Inn

Drive Time: Approximately 45 minutes one way

Stand Up Paddleboard Spa Creek - [Register](#)

Date: Sunday, September 12

Location: Annapolis, MD

Pre-Trip Meeting: Tuesday, September 7 from 8:00-9:00 PM

Cost: \$20

Try your hand at the fast growing sport of stand up paddleboarding (SUP). Spa Creek is the perfect place to learn the basics of SUP while enjoying a relaxing day on the water. No previous experience is necessary.

Amenities: Indoor restroom facilities with running water available at Truxton River Park

Travel Time: Approximately 50 minutes one way

Mountain Bike Fairland - [Register](#)

Date: Saturday, September 18

Location: Burtonsville, MD

Pre-Trip Meeting: Tuesday, September 14 from 8:00-9:30 PM

Cost: \$25

Mountain biking is exhilarating and fun - come give it a try with the Adventure Program! This trip is designed to give new riders the required knowledge and skills to tackle some of the best dirt trails in the area. Adventure Program Trip Leaders will provide some on-campus instruction before heading out to Fairland Recreational Park for some on-trail adventure.

Amenities: Indoor restroom facilities with running water available at trailhead

Travel Time: Approximately 30 minutes one way



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Climb Great Falls Park - [Register](#)

Date: Saturday, September 25

Location: Great Falls, VA

Pre-Trip Meeting: Tuesday, September 21 from 8:00-9:00 PM

Cost: \$30

Join us on the Virginia side of the Potomac as we scale the rock cliffs above the river. Trip leaders will accommodate your skill level whether this is your first time climbing or you are a regular at our climbing wall. Spend the day pushing your limits on the rock and be rewarded with breathtaking views of the Potomac River rushing by.

Amenities: Indoor restroom facilities with running water available in the parking area

Travel Time: Approximately 45 minutes one way

Backpack Shenandoah National Park - [Register](#)

Date: Saturday, October 2-Sunday, October 3

Location: Rileyville, VA

Pre-Trip Meeting: Tuesday, September 28 from 8:00-10:00 PM

Cost: \$55

Nature's calling! Leave the busy city for a weekend of peaceful backpacking in the famous, beautiful hills of Shenandoah National Park. This is a perfect time to soak-up the fall colors and enjoy the fresh mountain air.

Amenities: Outdoor toilet facilities (privy)

Travel Time: Approximately 2 hours 30 minutes one way

Mountain Bike Rosaryville State Park - [Register](#)

Date: Sunday, October 3

Location: Clinton, MD

Pre-Trip Meeting: Tuesday, September 28 from 8:00-9:30 PM

Cost: \$25

There's nothing better than crunching through the fall leaves on a mountain bike! On this adventure, we'll bike the 9-mile Perimeter loop through the woods of Rosaryville State Park. You'll learn to tackle roots, rocks, and stream crossings on your bike. No previous mountain biking experience required.

Amenities: Portable toilet available in the parking lot

Travel Time: Approximately 45 minutes one way



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Hike White Oak Canyon - [Register](#)

Date: Saturday, October 9

Location: Syria, VA

Pre-Trip Meeting: Tuesday, October 5 from 8:00-9:00 PM

Cost: \$25

Escape to the hills of Shenandoah National Park for a day of hiking. Enjoy the fall colors and cascading waterfalls as you hike through the wooded hollows of this gem of a national park.

Amenities: Portable toilets available in parking lot

Travel Time: Approximately 2 hours 30 minutes one way

Kayak & Camp Assateague Island National Seashore - [Register](#)

Date: Saturday, October 9-Sunday, October 10

Location: Berlin, MD

Pre-Trip Meeting: Tuesday, October 5 from 8:00-10:00 PM

Cost: \$65

Enjoy a weekend at the beach, Adventure Program style! See wild horses and blue herons as you paddle along Assateague Island National Seashore to our island campsite. Once at camp, we'll enjoy some time on the beach, watch the sunset over the ocean, and experience the comforts of a campfire. This is a truly unique and fun experience, and you don't want to miss out on this adventure!

Amenities: Portable toilets available in parking area and at campsite

Travel Time: Approximately 3 hours one way

Canoe the Monocacy River - [Register](#)

Date: Saturday, October 16

Location: Frederick, MD

Pre-Trip Meeting: Tuesday, October 12 from 8:00-9:00 PM

Cost: \$25

Join the Adventure Program for a canoeing adventure on the Monocacy River, one of Maryland's Wild and Scenic Rivers. Spend a leisurely fall day trying your hand at canoeing and enjoying the beautiful scenery of Western Maryland.

Amenities: Outdoor toilet facilities (privies/portable toilets) available in parking lot

Travel Time: Approximately 1 hour away



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Climb & Camp Annapolis Rocks - [Register](#)

Date: Saturday, October 16-Sunday, October 17

Location: Boonsboro, MD

Pre-Trip Meeting: Tuesday, October 12 from 8:00-9:30 PM

Cost: \$55

Welcome the fall weather with a weekend of adventure at Annapolis Rocks. We will backpack a short distance on the Appalachian Trail to our climbing site, set up camp for the weekend, and spend two days rock climbing and hiking. Enjoy a weekend away from College Park while enjoying the spectacular fall colors and views from Annapolis Rocks!

Amenities: Outdoor toilet facilities (privy) available at campground

Travel Time: Approximately 1 hour 30 minutes one way

Hike Maryland Heights - [Register](#)

Date: Saturday, October 23

Location: Harpers Ferry, West Virginia

Pre-Trip Meeting: Tuesday, October 19 from 8:00-9:00 PM

Cost: \$25

Experience the natural beauty of historic Harpers Ferry, a town located at the convergence of the Shenandoah and Potomac rivers! Harper's Ferry is well known as the mid-way point of the Appalachian Trail and has no shortage of outdoor adventures for those looking to play outside. Hike up to the infamous Maryland Heights overlook for sweeping views of the town and its conjoining rivers.

Amenities: Indoor restrooms with running water available in town

Travel Time: Approximately 1 hour 30 minutes away

Kayak the Ghost Fleet of Mallows Bay - [Register](#)

Date: Sunday, October 31

Location: Nanjemoy, MD

Pre-Trip Meeting: Tuesday, October 26 from 8:00-9:30 PM

Cost: \$25

Spend your Halloween paddling through the Ghost Fleet of Mallows Bay! You'll paddle beneath cliffs along the Potomac River and explore the ancient relics of the largest shipwreck fleet in the Western Hemisphere. The "ghost fleet" consists of approximately 100 sunken wooden steamships, and you'll have the opportunity to paddle around the remains of the sunken ships. Halloween costumes encouraged!

Amenities: Portable toilets available at boat ramp

Travel Time: Approximately 1 hour 30 minutes one way

Cave & Hike West Virginia - [Register](#)



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Date: Saturday, November 6-Sunday, November 7
Location: Seneca Rocks, WV
Pre-Trip Meeting: Tuesday, November 2 from 8:00-9:30 PM
Cost: \$60

Join us for this wild and wonderful adventure to West Virginia! We'll spend most of the weekend underground exploring two of the area's many caves. We'll also hike up Seneca Rocks for a breathtaking view of the valley below and spend our evening nestled in a cozy cabin in the shadows of Seneca Rocks.

Amenities: Cabin with bunk beds and indoor restrooms with running water
Travel Time: Approximately 3 hours one way

Cave Whitings Neck - [Register](#)

Date: Saturday, November 13
Location: Shepherdstown, WV
Pre-Trip Meeting: Tuesday, November 9 from 8:00-9:00 PM
Cost: \$30

We're heading underground to warmer temperatures! Come explore the unique features and formations that Whitings Neck Cave has to offer. Crawl through the "Birth Canal" and get turned around in the "Milkshake Room." No previous caving experience is necessary, just an adventuresome spirit and a willingness to get muddy!

Amenities: Portable toilets in the parking lot
Travel Time: Approximately 2 hours 30 minutes one way

Thanksgiving Adventure: Backpack the Appalachian Trail - [Register](#)

Date: Wednesday, November 24-Sunday, November 28
Location: Tyro, VA
Pre-Trip Meeting: Tuesday, November 16 & Tuesday, November 23 from 8:00-9:30 PM
Cost: \$130 (includes meals)

Spend your Thanksgiving on the trail! The Adventure Program is on a quest to section hike the entire Appalachian Trail, which stretches approximately 2,180 miles and over 14 states from Georgia to Maine along the Appalachian Mountains. This Thanksgiving, join us on our endeavor as we continue our journey south and backpack through the Southern portion of Shenandoah National Park and through Three Ridges Wilderness Area. You'll spend five days and four nights backpacking on the trail while enjoying beautiful scenery, trying your hand at backcountry cooking, and making new friends. Make this Thanksgiving a memorable one!

Amenities: Outdoor toilet facilities (privies) along trail
Travel Time: Approximately 4 hours one way